

National Council for **NCOR** Osteopathic Research

**NCOR monthly news bulletin
February 2015**

Recent research



The following papers are available to UK registered osteopaths and final year osteopathy students via the ozone, the General Osteopathic Council website:

<https://www.osteopathy.org.uk/ozone/resources/research/research-journals/>

Gray SL, Anderson ML, Dublin S, et al. 2015. **Cumulative use of strong anticholinergics and incident dementia.** JAMA Internal Medicine. Available online at <http://bit.ly/anticholinergics-dementia>

Banerjee S. 2013. **Good news on dementia prevalence - we can make a difference.** The Lancet. Available online at <http://bit.ly/dementia-good-news>

Carlino E et al. 2010. **Pain perception and tolerance in patients with frontotemporal dementia.** Pain. Available online at <http://bit.ly/frontotemporal>



Need some help making sense of the papers? Visit: <http://bit.ly/ncor-critical-appraisal> for some help with how to critically review a paper.

Help spread the word for NCOR

Our Donate Campaign is well underway, raising funds to research the manual treatment of babies and children. Critics of osteopathy often point out the lack of robust evidence in this area. We believe there is a need to provide data about treatments in order to develop therapeutic approaches further and advance patient care.

Conducting a major review is time-consuming and can be costly. NCOR's income allows us to retain a small team of part-time staff, but does not provide enough spare revenue to fund a large systematic review. Consequently we are raising funds and would be grateful for any help our fellow osteopaths can provide.

Can you help us spread the word?

Our press-pack contains a poster and postcard that you can print and display in your waiting room. From surveying hundreds of osteopaths and their patients, we know that patients are often very happy to be asked to help support the profession.

The press-pack can be downloaded from <http://www.ncor.org.uk/donate>

Please follow us on social media (links at the bottom of this bulletin) and watch for our updates throughout February, March and April. Help us spread the word, and you can make a real difference to our campaign.

PILARS and PREOS

NCOR are delighted that our recently-launched services PILARS and PREOS are helping us to learn about and improve osteopathic care. If you haven't yet seen these services, here is a brief recap:

PILARS – the Patient Incident Learning and Reporting System. This website allows osteopaths to anonymously discuss adverse events so that we can all learn and improve our clinical practice. PILARS is available at <http://www.ncorpilars.org.uk>

PREOS – the Patient Reported Experiences of Osteopathic Services. This online service allows us to collect reports from patients to gain a clearer understanding of how adverse events might occur, and how we can avoid them. PREOS is available for all osteopathic patients at <http://www.ncorpreos.org.uk>

Dementia in the news

The recent news that strong anticholinergic drugs may be associated with increased risk of developing dementia has no doubt come as a shock to many of our patients. "Recent Research" contains the article which has prompted the story, plus two other pieces that

osteopaths may find of interest, particularly if you regularly treat senior patients.

If a patient expresses concerns about their current or past medication, it is appropriate to direct them to their GP so their medication and any dementia symptoms can be assessed.

Keeping up to date



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