

National Council for **NCOR** Osteopathic Research

NCOR monthly news bulletin January 2016

Happy New Year! At NCOR we've hit the ground running, and already have several major projects underway. Here's a summary of our work for the next 12 months and beyond:

Systematic reviewer role

We are currently recruiting a systematic reviewer to help us analyse the large amount of published research on treatment and management of paediatric patients. We hope to complete this systematic review within a year, and those who donated to our campaign back in February 2015 will receive a copy of the early report.

If you have experience of writing reviews and you're interested in pursuing your career as a researcher, you can read the job specification and apply here:

<http://bit.ly/ncor-systematic-reviewer>

Hurry, the application closing date is 4th Feb!

Volunteer in our Centre for Reviews

The paediatric review will be the inaugural piece of work from NCOR's "Centre for Reviews". We intend to produce regularly updated evidence summaries and reviews of research in osteopathy and osteopathy-related fields. We are in discussion with the Osteopathic Educational Institutions around the UK to see how we can involve students in this work, and support the continued involvement of students in research.

We are also looking for volunteers to help us with this work. Remember, this all counts towards CPD, and will give you the opportunity to keep your critical appraisal skills sharp. If you would like to volunteer, then get in touch with us at <http://www.ncor.org.uk/contact-us/>

NCOR conference

In late 2016 or early 2017, NCOR will be launching a research conference. We hope to make this a regular event. We will be inviting guest speakers, both osteopaths and non-osteopaths, to draw together the latest thinking from around the world. This is sure to be an eye-opening event.

Stay tuned to our updates on social media and in these bulletins as we finalise the conference plans.

£1 a month for osteopathic research

That's all it would take to make a massive difference to osteopathic research – less than the price of your morning coffee.

Many osteopaths comment to us that they have an idea for a research project, or strong feelings about research that NCOR should be doing. We agree – we need to do more research! The simple fact is that research takes time and money, and we only have so much of both these precious resources. If we want to do more, we need the funds.

If every osteopath in the UK gave us just £1 a month it would allow us to conduct ground-breaking research. It's so easy to give to NCOR, simply visit

<http://www.ncor.org.uk/donate>

Have your debit or credit card ready. Payment is handled by PayPal so it's secure and quick.

PROMs

All UK osteopaths can use our Patient Reported Outcome Measures (PROM) system, which is available as an app and a website for your patients to use. There are some clear benefits in collecting PROM data including:

- Describing our osteopathic practice;
- Measuring the effectiveness of our care;
- Data for pursuit of new business opportunities;
- Identifying audit topics for your practice;
- Identifying meaningful areas for CPD activities.

Please contact Carol Fawkes if you would like to be involved or would like more information (c.fawkes@qmul.ac.uk or telephone 07732 178308).

You can read more about PROMs at <http://bit.ly/ncor-proms-app>

Working with the WHO

In November last year NCOR director Dr Dawn Carnes was invited by the World Health Organisation (WHO) to attend their working group on traditional and complementary medicine in Macao. The WHO recognise that the majority of people around the world seek traditional and complementary healthcare, and they want to understand the safety and efficacy of these treatments.

This gives NCOR an opportunity to work with the WHO in the coming years to ensure that osteopathy is represented on the global stage.

NCOR at your regional society

Throughout 2016 we will be attending conferences as well as giving talks to the UK's Regional Osteopathic Societies and osteopathy colleges. If your regional society has yet to contact us the please let us know and we will arrange.

PILARS

NCOR's Patient Incident Learning and Reporting System (PILARS) has been available online for a year now, and we have produced our first report from the data. This will be given to the General Osteopathic Council as well as the Osteopathic Educational Institutions throughout the UK, in order to improve the delivery of osteopathic education and the practice of osteopathy. The report indicates that osteopaths broadly agree with each other regarding management of patients. It also backs-up previous findings that failures in communication underpin situations that lead to patient complaints.

PILARS is available at <http://www.ncorpilars.org.uk>

PREOS

NCOR's Patient Reported Experiences of Osteopathic Services (PREOS) also remains available for patients to provide feedback for the profession. This completely anonymous service allows us to collect data to support osteopathic practice. From our PROMs app we know that patients generally appreciate being asked to provide feedback, so please let your patients know about PREOS today.

PREOS is available at <http://www.ncorpreos.org.uk>

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