

National Council for



Osteopathic Research

NCOR

**6 month Progress report
November 2012**

Dr Dawn Carnes

Summary

Dawn Carnes (DC) took over as NCOR director May 1st 2012. The funding for NCOR has been set for a period of 36 months. A contract was signed between the GOSC and QMUL and is dated from 1st May 2012.

Meetings convened and or attended

The first meeting of the council chaired by DC was 25th April 2012, at this meeting the council discussed the role of NCOR and the needs of osteopathy that could be fulfilled via NCOR. This meeting laid the foundations for the 3 year strategic plan (2012-2015).

Management board has convened 14th June 2012, to ratify the strategic plan

GOSC regional conference 16th June 2012

Council meeting 20th June 2012 – Defining future needs, allocating responsibilities

GOSC website development meeting 28th June 2012

BOA introducing NCOR meeting July 4th 2012

NCOR / AECC meeting July 10th 2012

OEF trustees meeting 11th July 2012

GOSC council meeting to introduce DC 17th July 2012

BOA/NCOR PROMS meeting August 15th 2012

NCOR data capture PROMS meeting Osteopathy house 20th August 2012

NCOR / BOA / OCC project meeting 21 August 2012

NCOR council meeting 5th September 2012

NCOR Key note presentation ICOAR 9 14th September 2012

NCOR represented at OSEAN conference 20th, 21st September 2012

Adverse event workshop GOSC 26th September 2012

CPiRLs meeting with Haymo Thiel re AE learning platform 2nd October 2012

Meeting with QMUL IT undergraduate to discuss development of an adverse events learning platform 10th October

Meeting with Jonathan Field to discuss development of existing data collection facility to accommodate osteopathic practice 10th October

BOA filming day video to promote osteopathy 16th October 2012

BSO graduation day attendance 2nd November 2012

COEI introduction to NCOR meeting 6th November 2012

NCOR management board 20th November 2012

In addition Carol Fawkes has attended regional conferences, BOA conference and hub meetings.

NCOR objectives as set out in the strategic plan were:

Short term objectives

- 1) Re-organise personnel in NCOR to optimise human resources against costs
- 2) Seek funding for a PhD and register a PhD for an Osteopathic relevant research project
- 3) Commission a website re-development and build
- 4) Oversee the Delphi research priorities consensus study

Medium term objectives

- 1) Explore the potential for online standardised data collection tool
- 2) Explore the potential for an online patient reported outcome data collection process

Ongoing objectives

- 1) Liaison, collaboration and networking
- 2) Raising funds
- 3) Dissemination of research

Progress since May 2012

Short term

1) Re-organise personnel in NCOR.

The Research Officer (Carol Fawkes) has changed to 3 days per week and we have recruited a junior researcher for 3 days per week, her name is Elena Ward and her start date was 22nd October 2012. We had 33 applicants and we shortlisted 6 people for interview. We asked candidates to summarise and comment on the Edzard Ernst paper (1). Elena's critique was considered and demonstrated knowledge of the research process and research methods. She is a registered osteopath, she teaches at Oxford Brookes and is IT literate especially with regard to social media. She has a keen interest in disseminating and promoting research relevant to osteopathy.

2) PhD studentship

We have registered a PhD with Queen Mary University of London and Barts and The London School of Medicine and Dentistry (outline summary attached). We hope the PhD will commence in January 2013 and will be full-time for three years. It will be supervised by Dr Dawn Carnes and Dr Rob Froud. Both will be mentored by a senior biomedical statistician Dr Richard Hooper here at the Centre for Primary Care and Public Health. The PhD will be funded by money retained by the OEF in the CAF account (currently £18, 832.85). Carol Fawkes will undertake the PhD.

DC has also been liaising with a number of Osteopaths keen on submitting PhD applications. She has commented on the feasibility and appropriateness of ideas.

3) NCOR website re-development and build

Dawn Carnes, Carol Fawkes, Margot Pinder, Brigid Tucker, and Alan Curry put together a scoping document defining the requirements of the new website design. The scoping document was based on a brainstorming meeting held with NCOR members and reflects the committee's thoughts about the function and role of the website for osteopaths, students, clinical tutors and patients. Dawn Carnes put out a tender to 4 companies based on colleague recommendations: three responded. Kukiventures was selected, they represented the best value for money and were flexible in their approach for a phased delivery.

We are aiming for a website launch at the end of November 2012. We are currently populating pages.

Website development site for review <http://www.uats5.co.uk>

4) Oversee the Delphi research priorities consensus study

This study is being coordinated and run via University of Brighton, the principal investigator is Anne Moore.

The first round of the Delphi study has been conducted. Nothing unexpected came up. The second round will take place in November 2012. The study was delayed and deferred as key contributors expressed an interest in being involved and the team felt their contributions were worth incorporating for the sake of completeness. In addition key team members had extended annual leave that did not coincide so face to face analysis meetings had to be scheduled accordingly. CF and DC highlighted to the study team how far behind this study is and the team are endeavouring to make up as much time as they can.

Medium term

- 1) Explore the potential for online standardised data collection tool**
- 2) Explore the potential for an online patient reported outcome data collection process**

These two projects are being undertaken as part of CF PhD proposal. Preliminary research and investigation of technologies have commenced.

Ongoing

- 1) Liaison, collaboration and networking

- 1) OSEAN
- 2) ICOAR 9.

Both these conferences have resulted in establishing some useful contacts in the Netherlands (potential to share a database of Osteopathic research) and the USA (for research and student exchange)

- 2) Raising funds: We have 'in principle' agreement for the BOA to provide some funding for the PROMs project and the PhD.

- 3) Dissemination of research

- 1) AE projects
- 2) Presence at GOSC regional conferences
- 3) Articles in The Osteopath and Osteopathy today
- 4) Research snap shot summaries: website facility

Other projects

- 1) FPO/OCC project: we are providing advice and expertise to the OCC for a project to define scope of practice and collect outcomes.
- 2) SCC commissioned research for RCT: we will help the SCC review proposals for the RCT they would like to commission.
- 3) Susie Lamplugh trust and lone practitioners: this is a survey we may get involved with
- 4) BOA filming for NHS TV, freenet and skyhealth: DC provided the research evidence section for this
- 5) We currently have two masters students from QMUL IT department to develop adverse event learning platforms for practitioners and patients.

Finance

Budget: Adjusted for new staffing arrangements over 3 years 2012 - 2015

Cost	Year 1	Year 2	Year 3
Researcher 1	23,091.00	24,870.00	26,790.00
Researcher 2	21,297.00	22,315.00	23,384.00
Overheads QMUL	28,349.00	28,349.00	28,349.00
Honorarium	8,000.00	8,000.00	8,000.00
Travel/conferences	5,000.00	5,000.00	5,000.00
Totals	£85,737	£88,534.00	£91,523.00

Expenditure (non staff) May to November 2012

Item	Amount	Date	Personnel
Rail travel to Exeter hub meeting	£84.60	8.9.12	CF
Taxi to venue	£6.50	8.9.12	CF
ICAOR conference	£250.00	14-16. 9. 12	CF
SPSS software	£41.00	1.10.12	CF
Travel re OSEAN conf	£168.18	19- 23.9.12	DC
OSEAN subsistence	£27.89	19- 23.9.12	DC
Travel for filming BOA	£33.10	16.10.12	DC
BOA conf	£200.00	16.11.12	CF and EW
Total	£811.27		

(1) E Ernst. Adverse effects of spinal manipulation: a systematic review. J R Soc Med 2007;100:330–338

Objectives / Projects	2012			2013				2014				2015	
	May/ Jun	Jul/ Sept	Oct/ Dec	Jan/ Mar	Apr/ Jun	Jul/ Sept	Oct/ Dec	Jan/ Mar	Apr/ Jun	Jul/ Sept	Oct/ Dec	Jan/ Mar	Apr/ May
Sign contracts between QMUL and NCOR (GOsC)	May												
Annual report and Review (March)				Mar				Mar				Mar	
Re-organisation of NCOR													
Change research officer contract to 3 days per week (Aug 1 st)		Aug											
Write job description, get evaluated at junior researcher level													
Advertise and recruit junior researcher		July											
Seek funding for PhD studentship(s)													
Website													
Website commissioning													
Website development and build (populate)													
Review current website content and identify areas of work													
Website launch													
Maintaining and development of website													
Standardise Data Collection													
Investigate database platforms and appropriate data collection survey software (with PROMS work below)													
Build and construct interface and database													
Pilot facility													
Launch facility													
Monitor data input and produce reports													
Patient related outcome measurement													
Write proposal													
Seek funding													
Assess PROMS													
Build and construct interface and database													
Pilot facility													
Launch facility													
Monitor data input and produce reports													
Review of progress				Jan			Nov						

