

## An audit of the management of acute low back pain

Audit of management of acute low back pain	
Patient's age	_____
Patient sex	Male <input type="checkbox"/> Female <input type="checkbox"/>
Work status	<input type="checkbox"/> Full time <input type="checkbox"/> Part time <input type="checkbox"/> Not employed <input type="checkbox"/> Carer <input type="checkbox"/> Student <input type="checkbox"/> Retired <input type="checkbox"/> Other
Urgent cases seen with 48 hours of contact with practice	Yes <input type="checkbox"/> No <input type="checkbox"/>
Advice given to patient to remain active	Yes <input type="checkbox"/> No <input type="checkbox"/>
Advice given to avoid bed rest	Yes <input type="checkbox"/> No <input type="checkbox"/>
Evidence of diagnostic triage including the assessment of red flags	Yes <input type="checkbox"/> No <input type="checkbox"/>
Evidence of consideration of psychological considerations including the presence of yellow flags	Yes <input type="checkbox"/> No <input type="checkbox"/>
Evidence of mobilisation/articulation for patients	Yes <input type="checkbox"/> No <input type="checkbox"/>
Evidence of manipulation for patients where appropriate	Yes <input type="checkbox"/> No <input type="checkbox"/>
Evidence of request for referral with emphasis on biopsychosocial factors if patients are not beginning to return to normal activity within 6 weeks of initial consultation	Yes <input type="checkbox"/> No <input type="checkbox"/>

This audit tool is based on the work of Sparkes (2005)\*.

\* Sparkes V. Treatment of low back pain: monitoring clinical practice through audit. *Physiotherapy*. 2005;91:171-177