

## New resources on our website

[www.ncor.org.uk](http://www.ncor.org.uk)

### Research ideas: information and checklist

We are very pleased to say that there seems to be an increase in the number of osteopaths interested in research. We are frequently contacted by osteopaths who would like to develop an idea for a research project, collaborate with others or share their clinical experiences with the profession and the public.



We have developed a research idea information sheet and checklist to guide you through the various elements of basic research design so that when you come to sharing your idea with others you can have more confidence in your explanation. A well thought out research proposal makes it easier for interested parties to give you advice and help you develop the idea further and it is essential when applying for funding.

The key areas covered in the information sheet are:

- Defining your research question and why it is important
- **Think PICO:**
  - P**opulation: Describe your population of interest.
  - I**ntervention: What is the treatment you want to research?
  - C**omparator group: What can you compare your intervention/treatment with?
  - O**utcomes: How are you going to measure effects or outcomes?

You can view the full document at:

<http://www.ncor.org.uk/getting-involved/research-ideas/>

## Papers recently added to the NCOR website



Brantingham JW, Cassa TK, Bonnefin D, Pribicevic M, Robb A, Pollard H, Tong V, Korporaal C. **Manipulative and multimodal therapy for upper extremity and temporomandibular disorders:** a systematic review. *J Manipulative Physiol Ther.* 2013 Mar-Apr;36(3):143-201. doi: 10.1016/j.jmpt.2013.04.001. Epub 2013 May 20. A link to the abstract can be found here: <http://www.ncbi.nlm.nih.gov/pubmed/23697915>

Hutting N, Verhagen AP, Vijverman V, Keesenberg MDM, Dixon G, Scholten-Peeters GGM. **Diagnostic accuracy of premanipulative vertebrasilar insufficiency tests:** A systematic review. *Manual Therapy.* 2013;18:177-182. A link to the abstract can be found here: <http://www.ncbi.nlm.nih.gov/pubmed/23127991>

Hanchard NC, Lenza M, Handoll HH, Takwoingi Y. **Physical tests for shoulder impingements and local lesions of bursa, tendon or labrum that may accompany impingement.** *Cochrane Database Syst Rev.* 2013 Apr 30;4:CD007427. doi: 10.1002/14651858.CD007427.pub2. A link to this study can be found here: <http://www.ncbi.nlm.nih.gov/pubmed/23633343>

**Need some help making sense of the papers? Visit:** <http://www.ncor.org.uk/learning-online/critical-appraisal/> for some help with how to critically review a paper.



## The first research symposium at the British School of Osteopathy

On 22<sup>nd</sup> May 2013, The British School of Osteopathy hosted its inaugural, multidisciplinary research symposium for manual therapy and musculoskeletal (MSK) medicine. Steven Vogel, Vice Principal of the BSO, and Dr Oliver Thomson, Research Officer at the BSO, convened the symposium to explore current issues that are impacting on education and practice in manual therapy and musculoskeletal healthcare. The aim was to provide a forum to disseminate and discuss current research activity and to provide an opportunity to identify key research questions and collaboration possibilities. The key themes of the day were: clinical expertise, reasoning and decision-making, with talks from Dr Nicola Petty, Dr Oliver Thomson, and Professor Stephen Tyreman and patient-centered care and self-reported outcomes with Dr Mary Sexton, Danijela Serbic, Dr Jorge Esteves, and Jonathan Field. The day concluded with a group discussion about future symposia, and ideas for future collaboration and research; the overall consensus being that a collaborative approach to research in manual therapy and MSK medicine would be incredibly valuable to both practitioners and patients.



## Keeping up to date

We know you are busy!

We want to make it even easier for you to keep up to date:



Join us on:

Facebook: [www.facebook.com/NCORnews](http://www.facebook.com/NCORnews)

Twitter: [www.twitter.com/NCOR\\_UK](http://www.twitter.com/NCOR_UK)

LinkedIn: [www.linkedin.com/company/national-council-for-osteopathic-research](http://www.linkedin.com/company/national-council-for-osteopathic-research)

## Contact us

You can get in touch with us via the contact form on our website:

[www.ncor.org.uk/contact-us/](http://www.ncor.org.uk/contact-us/)

## Research hubs

You can find links to papers being discussed at: [www.ncor.org.uk/getting-involved/hubs/](http://www.ncor.org.uk/getting-involved/hubs/)

**Bristol** - Thursday 19<sup>th</sup> September from 7 to 9pm.

The meeting will start with a focus group to explore osteopaths' views concerning outcome measures. The latter part of the meeting will include a workshop to explain how to use the Bournemouth outcome measure in clinical practice, and analyse collected data.

**Exeter** - Saturday 6<sup>th</sup> July from 10am to 12 noon

Discussion of selected papers, and discussion of activities associated with the AQP process. The papers for discussion at the meeting are those remaining from the previous hub meeting.

**Leeds** - Monday 24<sup>th</sup> June from 5.30 to 7.30 pm

Discussion of research protocols produced by hub members.

**Haywards Heath** - Wednesday 24<sup>th</sup> July from 7 to 9pm.

The group will be discussing papers which consider appropriate exercises for patient with osteoarthritis of the hip and/or knee.

**\*Oxford\* - coming soon!**

We are starting a research hub in Oxford. Please let us know if you would like to join.

If you would like to attend a hub meeting, please get in touch with us: [www.ncor.org.uk/contact-us/](http://www.ncor.org.uk/contact-us/)

## Conferences

**27<sup>th</sup>-31<sup>st</sup> October, 2013** in Dubai. International Federation of Orthopaedic and Manipulative Therapists (IFOMPT). Congress on low back and pelvic pain. Further information can be found at <http://www.worldcongresslbp.com/>.

**8<sup>th</sup>-10<sup>th</sup> November, 2013** at the Runnymede-on-Thames Hotel, Windsor Road, Egham, Surrey, TW20 0AG. The Annual Convention of the British Osteopathic Association. More information will be available via Osteopathy Today, and the BOA website [www.osteopathy.org](http://www.osteopathy.org) in due course.

**15<sup>th</sup>-17<sup>th</sup> November, 2013** in Milan. International Congress of Osteopathy. Further information can be found at <http://www.congressosteopatia.com/en/>. Abstract submission information can be found at <http://www.congressosteopatia.com/en/abstract/regolamento/>.

The conference section of the website will be updated regularly as information becomes available. It can be found at <http://www.ncor.org.uk/getting-involved/conferences/>