

Evidence-based practice – Useful Websites when Searching the Internet

The Internet has an ever increasing number of sites, but only a limited number are useful. A selection of those sites is given in this article; the selection is not exhaustive but includes sites widely agreed to be both useful and of good quality.

Accredited Colleges of Osteopathy:

When looking for research activity within the profession and the research profile of the different colleges, the colleges own sites are useful and are listed alphabetically.

The British College of Osteopathic Medicine: www.bcom.ac.uk.

This site also lists the titles of presentations made at all five International Conferences on Advances in Osteopathic Research (ICAOR).

The British School of Osteopathy: www.bso.ac.uk

The College of Osteopaths: www.collegeofosteopaths.ac.uk

The European School of Osteopathy: www.eso.ac.uk

The London College of Osteopathic Medicine:
www.members.aol.com/londonosteomedic/lcom.html

The London School of Osteopathy: www.londonschoolofosteopathy.com

Oxford Brookes University: www.brookes.ac.uk

The Surrey Institute of Osteopathic Medicine: www.nescot.ac.uk

In addition, the BSO produces the Osteopathic Research and Treatment Bulletin:
www.bso.ac.uk/sm4ortb.htm

Details of undergraduate osteopathic research can also be found on the website for the Vienna School of Osteopathy: www.osteopathic-research.com

Registering and Professional Bodies:

Useful information can be found on these sites for the United Kingdom Osteopathic profession and its counterparts overseas:

The General Osteopathic Council: www.osteopathy.org.uk

The British Osteopathic Association: www.osteopathy.org

American Osteopathic Association: <http://do-online.osteotech.org/index.cfm>

Australian Osteopathic Association: www.osteopathic.com.au

Canadian Osteopathic College: www.osteopathiccollege.com

General Osteopathic Resources:

Approximately 500,000 sites can be found relating to osteopathy if the term is typed into Google; many of those sites are solely for marketing purposes and the scant information is often of limited use. Examples of some general sites are:

The Osteopathic Home Page: www.osteohome.com

Osteopath - 222 of the best sites: www.cbcl.com/osteopathy

Osteopathic Resources: www.osteopathonline.com/Resources

Spine Information: www.spine-health.com

Databases, Journals and Other Authoritative Sources:

Osteopathic literature spans a wide variety of sources; this can be found by visiting individual journals' sites or by accessing databases such as Medline (Pub Med) which has over 11 million biomedical peer-reviewed papers. SUMSEARCH (see below) is a very useful search engine which can access Pub Med, CINAHL (Cumulative Index to Nursing and Allied Health), Cochrane, Merck and Guidelines databases. The search is less sophisticated but can save a lot of search time. AMED (Allied and Complementary Medicine) database has many complementary and alternative medicine (CAM) journals, but they are not all peer-reviewed, so beware cranks!

SUMSEARCH: <http://sumsearch.uthscsa.edu/>

To improve your search techniques: www.shef.ac.uk/~scharr/ir/adept/

Medline (Pub Med): www.ncbi.nlm.nih.gov/entrez/query.fcgi

The Osteopathic Literature Database: <http://ostmed.hsc.unt.edu/ostmed/index.html>

Physiotherapy Evidence Database (PEDro): www.pedro.fhs.usyd.edu.au/index.html

Database of Abstracts of Reviews and Effectiveness (DARE): www.york.ac.uk/inst/crd/

TRIP database: www.tripdatabase.com/

NIH International Bibliographic Information on Dietary Supplements (IBIDS) is a database of published international scientific literature on dietary supplements:

<http://dietary-supplements.info.nih.gov/databases/ibids.html>

The Arthritis and Complementary Medicine Database (ARCAM) and the Complementary and Alternative Medicine and Pain Database (CAMPAIN):

www.compmed.umm.edu/Databases.html

Public Library of Science: <http://www.plos.org/>

National Institute of Health, US: <http://grants2.nih.gov/grants/guide/notice-files/NOT-OD-05-022.html>

Osteopathy Today: www.osteopathy.org/ot/osteopathy_today.htm

Clinical Evidence: www.clinicalevidence.com/ceweb/conditions/msd/msd.jsp

E_Medicine: www.emedicine.com/journals.html

Journal of the American Medical Association: <http://jama.ama-assn.org>

New England Journal of Medicine: <http://content.nejm.org>

Spine: www.spinejournal.com

British Medical Journal: www.bmj.com

Journal of the American Osteopathic Association: www.jaoa.org/

Journal of Neuroscience: www.jneurosci.org

American Journal of Clinical Nutrition: www.ajcn.org

Free Medical Journals: www.freemedicaljournals.com

Journal of Clinical Investigation: www.jci.org

The Lancet: www.thelancet.com

Royal College of General Practitioners Online Journals:

www.rcgp.org.uk/research/resources/journals.asp

Science Direct: www.sciencedirect.com/science

Manual Therapy: www.harcourt-international.com/journals/math

Annals of Internal Medicine: www.annals.org

The Medical Literature Guide: www.amedeo.com

Medscape General Medical Information: www.medscape.com

Clinical Biomechanics: www.harcourt-international.com/journals/clbi

Pain; www.elsevier.com/wps/find/homepage.cws_home

European Journal of Pain: www.harcourt-international.com/journals/eujp

Journal of Manipulative and Physiological Therapeutics (JMPT):
www2.us.elsevierhealth.com

Clinical Chiropractic (formerly British Journal of Chiropractic): www.harcourt-international.com/journals/clch

Evidence-based Complementary and Alternative Medicine (eCAM):
<http://ecam.oupjournals.org/>

BioMedCentral. BMC Complementary and Alternative Medicine is an open access peer-reviewed journal: <http://www.biomedcentral.com/bmccomplementaltermmed/>

Societies for Areas of Special Interest:

The Society for back pain research: www.boa.ac.uk

Australian Spine Society: www.cms.uwa.edu.au

Cervical spine research society: www.csrs.org

Scoliosis research society: www.srs.org

Arthritis and Musculo-skeletal Alliance: www.arma.uk.net

Migraine Action Organisation: www.migraine.org.uk

The Migraine Trust: www.migrainetrust.org

The Sutherland Society: www.cranial.org.uk

Complementary Medicine Research Sites:

Research Council for Complementary Medicine: www.rccm.org.uk. A fee is charged for a search.

Institute for Musculoskeletal Research and Clinical Implementation: www.imrci.ac.uk/

Bastyr University for naturopathic education: www.bastyr.edu

National Centre for Complementary and Alternative Medicine (NCCAM) of USA: www.nccam.nih.gov

National Research Register, UK: www.dh.gov.uk/research

The Meridian Institute: <http://meridianinstitute.com>

Charitable Organisations:

BackCare (formerly known as the National Back Pain Association): www.backcare.org.uk

Arthritis Research Campaign: www.arc.org.uk/research/default.htm

Action Medical Research: www.action.org.uk

Sites for Evidence Based Medicine:

www.nettingtheevidence.org.uk

Effective healthcare Bulletins: www.york.ac.uk/inst/crd/ehcb.htm

National Institute for Clinical Evidence: www.nice.org.uk/

Effectiveness matters: www.york.ac.uk/inst/crd/em.htm

Evidence based management of musculoskeletal pain: www.nhmrc.gov.au/publications/synopses/cp94syn.htm

Internet Resources in Health and Medicine: <http://omni.ac.uk>

Research Course Information:

www.rdinfo.org.uk

Current Health News:

Patients constantly seem to attend appointments with articles cut out of the papers. The most popular sites are:

The Times: www.timesonline.co.uk

The Guardian: www.guardian.co.uk

The Independent: www.independent.co.uk

The Daily Mail: www.dailymail.co.uk

The Daily Telegraph: www.telegraph.co.uk

Other Useful Websites:

Research Councils (UK): www.rcuk.ac.uk

Medical Research Council: www.mrc.ac.uk

Department of Health: www.dh.gov.uk

Faculty of Public Health: www.fphm.org.uk

Central Office for Research Ethics: www.corec.org.uk

Current Trials in Medicine: www.controlled-trials.com

National Research Register of Health Related Research Projects in England, Scotland and Wales: www.update-software.com/national/default.htm

National Electronic Library for Health (NeLH). This is a particularly useful site that has links to a number of other valuable sites. www.nelh.nhs.uk/

The Cochrane Library: www.update-software.com/cochrane/cochrane-frame.html.

Health Information for London Online (HILO): www.hilo.nhs.uk

Health Education Resources Online (HERO): www.hero.ac.uk

Bandolier: www.jr2.ox.ac.uk/bandolier/

University of Texas – information about a number of useful CAM sites and databases for students: <http://atc.utmb.edu/altmed/>

Children's Hospital Boston – The Centre for Holistic Paediatric Education and Research (CHPER) is devoted to improving the well-being of children through advances in holistic healthcare: www.childrenshospital.org/holistic/

Rosenthal Centre for CAM Research on Women's Health, funded by NIH:
www.rosenthal.hs.columbia.edu/

Complementary/Integrative Medicine Education Resources of MD Anderson Cancer Centre – a good site for cancer therapy information: www.mdanderson.org/cimer.

Osteopathic Sports Care Association: www.osca.org.uk

Osteopathic Centre for Children: www.occ.uk.com

British Dietetic Association: www.bda.uk.com and www.bdaweightwise.com

Chartered Society of Physiotherapy: www.csp.org.uk

British Chiropractic Association: www.chiropractic-uk.co.uk

General Chiropractic Council: www.gcc-uk.org

Anglo European College of Chiropractic: www.aecc.ac.uk

Quackwatch: www.quackwatch.org

Statistics:

National Statistics Online: www.statistics.gov.uk

Glossary of statistical terms: www.cas.lancs.ac.uk/glossary_v1.1/main.html

Statistic resources:

<http://hedwig.mgh.harvard.edu/biostatistics/resources.html#software>

Sample size calculations: http://hedwig.mgh.harvard.edu/sample_size/size.html

Sites Useful for Practice:

Online Medical Dictionary: <http://cancerweb.ncl.ac.uk/omd>

British National Formulary: www.bnf.org

Radiographic Anatomy of the Skeleton:

www.szote.u-szeged.hu/Radiology/Anatomy/skeleton.htm

Laboratory test results normal values: www.labtestsonline.org.uk

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