

National Council for
NCOR
Osteopathic Research

NCOR monthly news bulletin
August 2014

Research in the news

Recent research



The following papers are available to UK registered osteopaths and final year osteopathy students via the ozone, the General Osteopathic Council website:

<https://www.osteopathy.org.uk/ozone/resources/research/research-journals/>

Williams, C. M. *et al.* **Efficacy of paracetamol for acute low-back pain: a double-blind, randomised controlled trial.** *The Lancet.* 2014; published online DOI: 10.1016/S0140-6736(14)60805-9

Khan, M., Evaniew, N., Bedi, A., Ayeni, O. R., Bhandari, M. **Arthroscopic surgery for degenerative tears of the meniscus: a systematic review and meta-analysis.** *Canadian Medical Association Journal.* 2014; published online doi: 10.1503/cmaj.140433.

Littlejohns, T. J. *et al.* **Vitamin D and the risk of dementia and Alzheimer disease.** *Neurology.* 2014; published online doi: 10.1212/WNL.0000000000000755

Tick, H. **Integrative Pain Medicine: A Holistic Model of Care.** *Pain: Clinical Updates.* 2014;22(2).

Need some help making sense of the papers? Visit:

<http://www.ncor.org.uk/learning-online/critical-appraisal/> for some help with how to critically review a paper.



First General Meeting of NCOR

In May of this year NCOR was granted charitable status, meaning that we are now answerable to our trustees. Our first general meeting will be on 3rd September, and will include representatives from the General Osteopathic Council, the Institute of Osteopathy, and the Osteopathic Educational Institutions. Among other topics, NCOR are providing updates on three of our major projects:

PILARS – the Patient Incident Learning and Reporting System. Launching soon, this website will allow osteopaths to anonymously discuss adverse events in order that we can all learn and improve our clinical practice. For educational and learning purposes, PILARS will encourage osteopaths to discuss how incidents can be predicted and avoided.

PREOS – the Patient Reported Experiences of Osteopathic Services. This online service will allow us to collect reports from patients to gain a clearer understanding of how adverse events might occur, and how we can avoid them.

PROMs – the Patient Reported Outcomes Measures pilot app enables osteopaths to easily collect reports from patients regarding their progress and response to osteopathic treatment. NCOR would like to thank all osteopaths who volunteered to participate in the pilot. We would like to include as many osteopaths as possible to allow us to see how our patients feel about completing PROMs in practice. For further information please contact Carol Fawkes at c.fawkes@gmul.ac.uk or by telephone on 07732178308. Detail about the PROMs project is available at <http://www.ncor.org.uk/practitioners/patient-reported-outcomes/patient-reported-outcome-measures-in-osteopathy/>

Donations to NCOR

NCOR's funding from the main organisations within the osteopathic profession is just enough to cover the costs of the small staff team in providing information, running the website and delivering smaller projects supporting osteopathic research. However, if NCOR and the osteopathic profession are going to start to generate robust research evidence for osteopathic treatment and practice, we need to generate more income. For details of how you can help to support our work, and help to support the profession, more information is available at <http://www.ncor.org.uk/donate/>

Research hubs

Our regional research hubs are meeting to discuss various research topics. You can find links to papers being discussed at: <http://www.ncor.org.uk/getting-involved/hubs/>

Haywards Heath hub: Wednesday 17th September from 7-9pm. The topic is the management of tinnitus and temporomandibular joint dysfunction.

Leeds hub: Tuesday 2nd September from 5-30 to 7-30pm. The topic will be the management of incontinence.

Exeter hub: Saturday 18th October from 10-00am to 12-00 noon. The topic will be an update on headache.

If you would like to attend a hub meeting, please get in touch with us: <http://www.ncor.org.uk/contact-us/>

Keeping up to date



Facebook: www.facebook.com/NCORnews

Twitter: www.twitter.com/NCOR_UK

LinkedIn:

www.linkedin.com/company/national-council-for-osteopathic-research