

National Council for **NCOR** Osteopathic Research

**NCOR monthly news bulletin
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Recent research



The following papers are available to UK registered osteopaths and final year osteopathy students via the ozone, the General Osteopathic Council website:

<https://www.osteopathy.org.uk/ozone/resources/research/research-journals/>

Bishop L, Bradbury K, Jeludin N, Massey Y, Lewith G. **How patients choose osteopaths: a mixed methods study.** *Complementary Therapies in Medicine*, 2013, 12(1) pp 50-57. Abstract is available online at <http://bit.ly/choose-osteopath>

Thompson O, Petty N, Moore A. **Osteopaths' professional views, identities and conceptions – A qualitative grounded theory study.** *International Journal of Osteopathic Medicine*, 2013, 17(3) pp 146-159. Available online at <http://bit.ly/professional-identity>

Grundy M, Vogel S. **Attitudes towards prescribing rights: a qualitative focus group study with UK osteopaths.** *International Journal of Osteopathic Medicine*, 2005, 8(1) pp 12-21. Available online at <http://bit.ly/osteopaths-prescribing>



Need some help making sense of the papers? Visit: <http://bit.ly/ncor-critical-appraisal> for some help with how to critically review a paper.

Recent bad press

We are aware that osteopathy has had some bad press recently. We would like to represent our view of the role osteopathy has in health care provision.

Patients can choose to see their osteopath directly (without referral), this makes osteopathy a primary health care service. As primary health care practitioners, we offer patients osteopathy and by doing so we give patients a choice in their health care provision.

Osteopathy is more than hands on therapy alone, it is a complex intervention based on many interacting components. An osteopath also provides education, delivers public health advice, offers support, reassurance, guidance and encourages and enables patients and carers (for those who treat children) to have confidence in themselves to manage their own or others conditions. Osteopaths also act to refer patients to other clinicians when they feel this would be more appropriate for the patient.

All these components are an important part of the care offered to our patients and there is an emerging body of evidence illustrating the therapeutic value of these. We will be monitoring the literature in this field and NCOR will disseminate accordingly.

NCOR's next big piece of work, partly funded by donations from osteopaths in the UK and abroad, is to review the literature on the manual therapy treatment of babies and children and look at the 'softer' but very important non-clinical outcomes in patients.

If you would like to learn more about this review and or donate funds to NCOR please visit our website: www.ncor.org.uk/donate

NCOR's PROM poster accepted in university poster day

A poster about the development of NCOR's app for collecting Patient Reported Outcome Measurement (PROM) data was selected for presentation at Barts and The London Medical and Dental School's William Harvey Day.

Senior research officer Carol Fawkes said "The presentation of this work on the development of a PROM app helps to promote the osteopathic profession."

The app, funded by the Institute of Osteopathy, is available for all osteopaths to use in their practices. This helps to gather outcome data for individual clinicians and the profession as a whole. For more information see <http://bit.ly/ncor-proms-app>

Keeping up to date



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