

# National Council for **NCOR** Osteopathic Research

**NCOR monthly news bulletin  
February 2016**

## Systematic reviewer appointed



We are delighted to announce the appointment of Clare Miles in the role of systematic reviewer at NCOR. Clare will be joining us from early March for 12 months to work on our review of paediatric treatment.

Clare has a PhD in the effects of gonadal hormones on mood and cognition in a male-to-

female transsexual population. She has also produced reviews in self-management for asthma and chronic musculoskeletal pain, and sexual dysfunction following treatment for cancer.

Clare says "I enjoy systematic reviewing because it attempts to make sense of all the available research findings in a particular area, as well as identifying gaps in our knowledge. I find such reviews both challenging and satisfying. I am really looking forward to undertaking the manual therapies for paediatrics review, and working with the NCOR team!"

## Volunteer in our Centre for Reviews

The paediatric review will be the inaugural piece of work from NCOR's "Centre for Reviews" (CFR). We are also delighted to announce that several volunteers are helping the CFR by reviewing the "snapshot summaries" on our website. We intend to update these, and to produce regularly updated summaries of research in osteopathy and osteopathy-related fields.

We are in discussion with the Osteopathic Educational Institutions around the UK to see how we can involve students in this work, and support the continued involvement of students in research.

Remember, working with NCOR to produce reviews can count towards CPD, and will give you the opportunity to keep your critical appraisal skills sharp. If you would like to volunteer, then email [info@ncor.org.uk](mailto:info@ncor.org.uk)

## NCOR conference

Our plans for an osteopathic research conference in January 2017 continue, and we are currently looking for speakers. The focus of the conference will be

"persistent pain", but we are happy to consider speakers on any current research relating to osteopathy.

We are also aiming to run the conference in two venues to bring it to the widest possible audience. This would mean one venue in the south, and one in the north. Currently we are looking at London and Leeds. The price of attendance is likely to be in the region of £100 for a full day of research-based CPD.

Do you have a preference for a location? How much do you think is a reasonable price for a full day's conference? Whose current research most interests you? Let us know by emailing [info@ncor.org.uk](mailto:info@ncor.org.uk)

## Donate to osteopathic research

We often hear the comment that osteopathy needs more research – we totally agree. The simple fact is that research takes time and money, and we only have so much of both these precious resources. If we want to do more, we need the funds.

If every osteopath in the UK gave us just £2 a month it would allow us to conduct ground-breaking research. It's so easy to give to NCOR, simply visit

<http://www.ncor.org.uk/donate>

Have your debit or credit card ready. Payment is handled by PayPal so it's secure and quick.

## NCOR at your regional society

Throughout 2016 we will be attending conferences as well as giving talks to the UK's Regional Osteopathic Societies and osteopathy colleges. If your regional society has yet to contact us please let us know and we will arrange.

## Keeping up to date



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