

National Council for **NCOR** Osteopathic Research

**NCOR monthly news bulletin
June 2017**

Research and Practice awards at the iO Convention

The Institute of Osteopathy convention is scheduled for October this year, and NCOR are again looking forward to the iO's "Research and Practice" awards. Last year saw two volunteers in NCOR's Centre for Reviews and Summaries, Jonathan Spadaccini and Maria Robinson, nominated for awards. At NCOR we were delighted that the efforts of all our volunteers were recognised.

Individuals and groups can be nominated and can self-nominate, so NCOR would encourage applications from any osteopaths who feel they have made use of research in their clinical practice. The iO are keen to showcase the impact that research has on patient care, clinical development and the development of osteopathic practices.

Have you changed your practice based on research you've read? Perhaps your clinic meetings or professional group meetings make use of journal articles as discussion points? Have you published an article in a peer-reviewed journal, or produced a presentation or poster for a conference? If you feel that research shapes your clinical practice or that of colleagues, then consider nominations for this prize.

Stay tuned to the iO's updates online and in *Osteopathy Today* for details on how you can nominate an individual or a group for this prize. The closing date is 18th August.

Concerns and Complaints

In order to better understand how complaints occur, and to improve the care we provide to our patients, NCOR regularly review data from osteopaths, patients, the professional bodies, and insurers.

A significant proportion of osteopaths work as sole practitioners, and may lack exposure to beneficial peer discussions. Even in group clinics it can occasionally be difficult to raise certain issues. Unfortunately this isolation is a risk factor for complaints from patients, particularly regarding informed consent.

Additionally, the recent attentions of the Advertising Standards Authority have raised serious concerns about the quality and accuracy of osteopathic practice advertising.

NCOR's Director, Professor Dr Dawn Carnes, is finalising our latest review of data pertaining to concerns and complaints. Over the next few months our report will be finalised and made available.

The previous report, covering 2013-15, is available at <http://bit.ly/learn-from-complaints>

The ASA's guidance on advertising osteopathy is available at <http://bit.ly/asa-osteopathy>

Countdown to new CPD

The new CPD scheme for osteopaths is being launched in August 2018. The scheme doesn't need to feel burdensome or complicated, and if you're not yet familiar with the changes it might be a good idea to buddy-up with a colleague and review the new scheme. Additionally, you may wish to hold a practice meeting to test the new resources available from the GOsC.

In smaller or remote practices it can feel difficult to meet up with other osteopaths. In these situations it should still be possible to meet by online video-call, or even by phone conference. The GOsC will also be making available online seminars and other presentations to guide osteopaths through the new scheme.

In the coming months, NCOR will be highlighting materials and resources on our website which support osteopaths in meeting their CPD requirements. Watch out for changes as we relaunch the website in the next few weeks.

For more details, see the GOsC CPD website: <http://cpd.osteopathy.org.uk>

Society for Back Pain Research conference 2-3 November 2017

The annual general meeting of the Society for Back Pain Research (SBPR) this year is at the Park Inn, Northampton from 2nd to 3rd November. The theme is "back pain – errors, innovation and implementation". Speakers will include Professor Robert Muholland discussing surgical management of back pain and Professor Bart Koes on limitations of the evidence base. Professor Nadine Foster will be "calling for change" in the management and treatment of low back pain.

Further details are available at <http://sbpr.info/meetings/sbpr-2017-northampton>

NCOR only thrives with your support

NCOR can only continue to work on many of our projects thanks to donations from UK osteopaths and their patients. We are a small charity staffed by osteopaths who work part-time for NCOR. We are largely funded by the General Osteopathic Council, the Institute of Osteopathy, and the UK's osteopathic

educational institutions. These funds enable us to conduct our day-to-day work of disseminating research and working with the UK's osteopathic organisations. Further work is only made possible through donations from osteopaths like you.

If you would like to make a contribution towards our work, no matter how small, we will always accept donations at <http://www.ncor.org.uk/donate/>

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