

The next meeting of the Leeds research group will take place on Tuesday 11th June, 2019 from 6-30 to 8-30pm. The papers for discussion at the meeting are listed below.

General information

NHS Choices definition of Post-traumatic Stress Disorder (PTSD):

<https://www.nhs.uk/conditions/post-traumatic-stress-disorder-ptsd/> (Accessed 27-03-2019)

<https://www.nursingtimes.net/post-traumatic-stress-disorder/1996064.article>

<https://www.mind.org.uk/media/23538921/ptsd-2018.pdf>

Papers

Sciarrino NA, DeLucia C, O'Brien K, McAdams K. Assessing the Effectiveness of Yoga as a Complementary and Alternative Treatment for Post-Traumatic Stress Disorder: A Review and Synthesis. *J Altern Complement Med.* 2017 Oct;23(10):747-755.

<https://www.ncbi.nlm.nih.gov/pubmed/28708415>

Fishbain DA, Pulikal A, Lewis JE, Gao J. Chronic Pain Types Differ in Their Reported Prevalence of Post -Traumatic Stress Disorder(PTSD) and There Is Consistent Evidence That Chronic Pain Is Associated with PTSD: An Evidence-Based Structured Systematic Review. *Pain Med.* 2017 Apr 1;18(4):711-735. <https://www.ncbi.nlm.nih.gov/pubmed/27188666>

Bloch F. Literature review and meta-analysis of risk factors for delayed post-traumatic stress disorder in older adults after a fall. *Int J Geriatr Psychiatry.* 2017 Feb;32(2):136-140. <https://www.ncbi.nlm.nih.gov/pubmed/27723122>

Yildiz PD, Ayers S, Phillips L. The prevalence of posttraumatic stress disorder in pregnancy and after birth: A systematic review and meta-analysis. *J Affect Disord.* 2017 Jan 15;208:634-645. <https://www.ncbi.nlm.nih.gov/pubmed/27865585>

General information

NHS Choices definition of Cognitive Behavioural Therapy (CBT):

<https://www.nhs.uk/conditions/cognitive-behavioural-therapy-cbt/> (Accessed 27-03-2019)

Papers

Borza L. *Dialogues Clin Neurosci.* 2017 Jun;19(2):203-208. Cognitive-behavioral therapy for generalized anxiety. <https://www.ncbi.nlm.nih.gov/pubmed/28867944>

Brunner E, De Herdt A, Minguet P, Baldew SS, Probst M. Can cognitive behavioural therapy based strategies be integrated into physiotherapy for the prevention of chronic low back pain? A systematic review. *Disabil Rehabil.* 2013 Jan;35(1):1-10.

<https://www.ncbi.nlm.nih.gov/pubmed/22607157>

Enns J, Holmqvist M, Wener P, Halas G, Rothney J, Schultz A, Goertzen L, Katz A. Mapping interventions that promote mental health in the general population: A scoping review of reviews. *Prev Med.* 2016 Jun;87:70-80. <https://www.ncbi.nlm.nih.gov/pubmed/26896634>

Kalra G, Christodoulou G, Jenkins R, Tsipas V, Christodoulou N, Lecic-Tosevski D, Mezzich J, Bhugra D; European Psychiatry Association. Mental health promotion: guidance and strategies. *Eur Psychiatry.* 2012 Feb;27(2):81-6.

<https://www.ncbi.nlm.nih.gov/pubmed/22197146>