

Bristol research group meeting Thursday 20th February, 2020. The papers for discussion at the meeting are listed below:

van Vugt VA, van der Wouden JC, Essery R, *et al.* Internet based vestibular rehabilitation with and without physiotherapy support for adults aged 50 and older with a chronic vestibular syndrome in general practice: three armed randomised controlled trial. *BMJ*. 2019;367:l5922.

<https://www.ncbi.nlm.nih.gov/pubmed/31690561>

Alves CC, Silva ALS. Pediatric Vestibular Rehabilitation: A Case Study. *Pediatr Phys Ther*. 2019;31(4):E14-E19. <https://www.ncbi.nlm.nih.gov/pubmed/31568389>

Meldrum D, Jahn K. Gaze stabilisation exercises in vestibular rehabilitation: review of the evidence and recent clinical advances. *J Neurol*. 2019;266(Suppl 1):11-18.

<https://www.ncbi.nlm.nih.gov/pubmed/31385017>

Rossi-Izquierdo M, Gayoso-Diz P, Santos-Pérez S, *et al.* Vestibular rehabilitation in elderly patients with postural instability: reducing the number of falls-a randomized clinical trial. *Aging Clin Exp Res*. 2018;30(11):1353-1361.

<https://www.ncbi.nlm.nih.gov/pubmed/30008159>

Kundakci B, Sultana A, Taylor AJ, *et al.* The effectiveness of exercise-based vestibular rehabilitation in adult patients with chronic dizziness: A systematic review. *F1000Res*. 2018 Mar 5;7:276. doi: 10.12688/f1000research.14089.1. eCollection 2018.

<https://www.ncbi.nlm.nih.gov/pubmed/29862019>

Hall CD, Herdman SJ, Whitney SL, *et al.* Vestibular Rehabilitation for Peripheral Vestibular Hypofunction: An Evidence-Based Clinical Practice Guideline: from the American Physical Therapy Neurology Section. *J Neurol Phys Ther*. 2016;40(2):124-55.

<https://www.ncbi.nlm.nih.gov/pubmed/26913496>