

**The next meeting of the Bristol research hub will take place on Thursday 1<sup>st</sup> October, 2020 from 7-9pm. The topic for discussion at the next meeting is chronic pain, neuroscience, and mind-body medicine. The papers for discussion at the meeting are listed below.**

Rashbaum IG and Sarno JE. Psychosomatic Concepts in Chronic Pain. Arch Phys Med Rehabil. 2003;84(3 Suppl 1):S76-80; quiz S81-2. <https://pubmed.ncbi.nlm.nih.gov/12708562/>

Louw A, Diener I, Butler DS, Puenteadura EJ. The Effect of Neuroscience Education on Pain, Disability, Anxiety, and Stress in Chronic Musculoskeletal Pain. Arch Phys Med Rehabil. 2011;92(12):2041-56. <https://pubmed.ncbi.nlm.nih.gov/22133255/>

Bowering KJ, Butler DS, Fulton IJ, Moseley GL. Motor Imagery in People With a History of Back Pain, Current Back Pain, Both, or Neither. Clin J Pain. 2014;30(12):1070-5. <https://pubmed.ncbi.nlm.nih.gov/24535054/>

Moseley GL and Butler DS Fifteen Years of Explaining Pain: The Past, Present, and Future. J Pain. 2015;16(9):807-13. <https://pubmed.ncbi.nlm.nih.gov/26051220/>

Pate JW, Hush JM, Hancock MJ, Moseley GL, Butler DS, Simons LE, Pacey V. A Child's Concept of Pain: An International Survey of Pediatric Pain Experts. Children (Basel). 2018;5(1):12. <https://pubmed.ncbi.nlm.nih.gov/29342976/>

Scottish Intercollegiate Guidelines Network. Management of chronic pain (2019). <https://www.guidelines.co.uk/pain/sign-chronic-pain-guideline/454994.article>. Short summary at [https://www.sign.ac.uk/assets/sign136\\_qrg\\_2019.pdf](https://www.sign.ac.uk/assets/sign136_qrg_2019.pdf)

Hänsel A, Lenggenhager B, von Känel R, Curatolo M, Blanke O. Seeing and Identifying With a Virtual Body Decreases Pain Perception. Eur J Pain. 2011;15(8):874-9. <https://pubmed.ncbi.nlm.nih.gov/21570328/>

PLoS Med. 2016;13(6):e1002040. Novel Three-Day, Community-Based, Nonpharmacological Group Intervention for Chronic Musculoskeletal Pain (COPERS): A Randomised Clinical Trial Taylor SJC, Carnes D, Homer K, Kahan BC, Hounscome N, Eldridge S, Spencer A, Pincus T, Rahman A, Underwood M. <https://pubmed.ncbi.nlm.nih.gov/27299859/>