

The next meeting of the Haywards Health research hub will take place on Tuesday 21st September, 2021. The papers for discussion at the meeting are listed below.

Cocker F, Joss N. Compassion Fatigue among Healthcare, Emergency and Community Service Workers: A Systematic Review. *Int J Environ Res Public Health*. 2016; 13(6): 618.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4924075/>

Perregrini M. Combating compassion fatigue. *Nursing*. 2019 Feb;49(2):50-54.

<https://pubmed.ncbi.nlm.nih.gov/30676560/>

Alenezi A, McAndrew S, Fallon P. Burning out physical and emotional fatigue: Evaluating the effects of a programme aimed at reducing burnout among mental health nurses. *Int J Ment Health Nurs*. 2019;28(5):1042-1052. <https://pubmed.ncbi.nlm.nih.gov/31231965/>

Zwack J, Schweitzer J. If every fifth physician is affected by burnout, what about the other four? Resilience strategies of experienced physicians. *Acad Med*. 2013;88(3):382-9.

<https://pubmed.ncbi.nlm.nih.gov/23348093/>

Mathseon C, Robertson HD, Elliott AM, et al. Resilience of primary healthcare professionals working in challenging environments: a focus group study. *Br J Gen Pract*. 2016;66(648):e507-15.

<https://pubmed.ncbi.nlm.nih.gov/27162205/>

Maslach C, Leiter MP. New insights into burnout and health care: Strategies for improving civility and alleviating burnout. *Med Teach*. 2017;39(2):160-163.

<https://pubmed.ncbi.nlm.nih.gov/27841065/>

Grant L, Kinman G. Emotional Resilience in the Helping Professions and how it can be Enhanced. *Health and Social Care Education*. 2014;3(1): 23-34.

<https://www.tandfonline.com/doi/full/10.11120/hsce.2014.00040>

Fitzgerald K, Vaughan B. A snap-shot of attrition from the osteopathy profession in Australia - *International Journal of Osteopathic Medicine*. *International Journal of Osteopathic Medicine*. 2016;22:33-39.

[https://www.journalofosteopathicmedicine.com/article/S1746-0689\(16\)30031-1/fulltext](https://www.journalofosteopathicmedicine.com/article/S1746-0689(16)30031-1/fulltext) u

Delancey MC. Caring for the caregivers: Evaluation of the effect of an eight-week pilot mindful self-compassion (MSC) training program on nurses' compassion fatigue and resilience. *PLoS One*. 2018;13(11):e0207261.

<https://pubmed.ncbi.nlm.nih.gov/30462717/>